



LÉMAN MANHATTAN PREPARATORY SCHOOL

LÉMAN PLUS AFTERSCHOOL PROGRAM

2019-2020 General Information

FALL L+ SEMESTER: Monday, September 16, 2019 – Friday, January 24, 2020

SPRING L+ SEMESTER: Monday, January 27 – Friday, June 5, 2020

NOTE: There is no L+ when Léman is closed for vacations, holidays, or conference days.

Each day after school, K-5th grade students may participate in Léman Plus (L+). L+ offers a wide range of classes in various areas of interest: visual arts, music and other performing arts, cooking, STEM, sports, and more. The below information can help you plan for the school year. Enrollment must be done via the online link emailed to you in August.

THE LÉMAN PLUS DAILY SCHEDULE

At the end of each school day, students attending L+ are escorted to afterschool by teachers. They will be given a snack, assemble with their L+ teachers, and then proceed to their L+ classes.

Each L+ day consists of two sessions, “A” (3:15-4:15 pm) and “B” (4:15-5:15 pm). Students may sign up for only Session A and then dismiss at 4:15 pm, or enroll for both Session A and B and then dismiss at 5:15 pm*. Students can take as few as 1 class per week, as many as 10, or anything in between! Each semester, students’ L+ schedules change. You must re-enroll, even if you want the same classes each semester.

*PLEASE NOTE: Students in Session B classes are offered optional extended care until 5:45 pm, if needed, for no additional fee. On Fridays we offer Léman Clubhouse until 5:30 pm instead of Session B classes for an additional fee.

HOMEWORK CLUB (2nd, 3rd, and 4th grades)

As a service to Léman families, we offer 2nd-4th Grade Homework Club on Mondays, Wednesdays and Thursdays from 3:15-4:00 pm. Students can enroll for a maximum of two days each semester. This is a no-fee L+ class, and participants must enroll through L+ even though there is no charge, as space is limited! Students must be picked up from Homework Club by 4 pm. Homework Club participants also enrolled for a Session B class will be escorted to their Session B class after HW Club.

CECE AFTERSCHOOL PROGRAM (PK3 and PK4)

Léman also offers an afterschool program exclusively for PK3 and PK4 students in our Center for Early Childhood Education (CECE). PK3 and PK4 families will receive separate information from the CECE Office about enrollment in that program.

AFTERSCHOOL OPTIONS FOR 5th Graders

Fifth graders can enroll for many L+ classes. There are also athletic teams and Study Hall (Monday, Wednesday, Thursday), and you will receive information about this separately from the Lower School office.

L+ DISMISSAL

Following Session A (at 4:15 pm) L+ students will be dismissed from various locations (you will be informed prior to the start of L+). Students also taking a Session B class will travel to their Session B L+ room with their teacher. Dismissal from Session B will be at 5:15 pm from the 4th floor (optional aftercare available until 5:45 pm on Mondays-Thursdays).

All parents / caregivers must sign out with an L+ staff member. If you are going to be late, you must contact Steve Levin, After-School Director, at 646-781-3254 or s.levin@lemanmanhattan.org. If there is an emergency and you are unable to reach Steve, you can contact Security at x246. Steve is often not at his desk during Léman Plus.

QUESTIONS or MORE INFORMATION:

Steve Levin, Director of After-School Programs: 212.232.0266 x254 or s.levin@lemanmanhattan.org.

Léman Plus Afterschool: Fall 2019-2020

Weekly class schedule

(Class descriptions on following pages)

SESSION A CLASSES (3:15-4:15 pm)	SESSION B CLASSES (4:15-5:15 pm)
<p style="text-align: center;"><u>Mondays</u></p> <ul style="list-style-type: none"> • Ballet with DiDa (K-4th) • TreeBath Outdoor Nature (K-3rd) <i>TIL 5:15 PM</i> • Imagine Swimming (K-2nd) • Little Leaders Club (K-3rd) • Seriously Silly Science (K-2nd) • Chess Club (1st-4th) • Violin Club: Intermediate (2nd-3rd) • CrossFit Wall Street (2nd-5th) • Homework Club (2nd-4th) <i>TIL 4:00 PM</i> 	<p style="text-align: center;"><u>Mondays</u></p> <ul style="list-style-type: none"> • Ballet II with DiDa (1st-5th) • Seriously Silly Science (K-3rd) • Budding Entrepreneurs (3rd-5th) • Violin: Strings Ensemble (4th-5th)
<p style="text-align: center;"><u>Tuesdays</u></p> <ul style="list-style-type: none"> • Ice Skating (K-5th) <i>TIL 5:30 PM OFFSITE</i> • Soccer with Born Kickers (K-1st) • Léman Junior Chefs (K-2nd) • Martial Arts (K-5th) • Magic & Showmanship (1st-4th) • Clay Modeling with Clay World (1st-5th) • Code Camp: Design, Code & Create Apps (2nd-5th) • Léman Swimming Pre-Team (3rd-4th) 	<p style="text-align: center;"><u>Tuesdays</u></p> <ul style="list-style-type: none"> • Soccer with Born Kickers (K-1st) • Clay Modeling with Clay World (K-5th) • Martial Arts – Level II (2nd-5th) • Code Camp: Design, Code & Create Apps (2nd-5th)
<p style="text-align: center;"><u>Wednesdays</u></p> <ul style="list-style-type: none"> • Welcome to Chess (K-1st) • Imagine Swimming (K-2nd) • Architecture & Design (K-2nd) • Jemz: DIY Sewing & Fiber Crafts (K-3rd) • Hip Hop with DiDa (1st-5th) • Woodworking (1st-5th) • Homework Club (2nd-4th) <i>TIL 4:00 PM</i> • Léman Singers (3rd-5th) 	<p style="text-align: center;"><u>Wednesdays</u></p> <ul style="list-style-type: none"> • Jemz: DIY Sewing & Fiber Crafts (K-3rd) • Architecture & Design (2nd-5th) • Chess (1st-5th) • Girl Scouts (K-3rd)
<p style="text-align: center;"><u>Thursdays</u></p> <ul style="list-style-type: none"> • Urban Golf Academy (K-2nd) • Musical Theatre: <i>Wizard of Oz</i> (K-2nd) • Lego Robotics with Ideas Studio (K-2nd) • Violin Club: Beginner (1st-3rd) • CrossFit Wall Street (2nd-5th) • Homework Club (2nd-4th) <i>TIL 4:00 PM</i> • Culinary Skills (3rd-5th) • Léman Swimming Pre-Team (3rd-4th) 	<p style="text-align: center;"><u>Thursdays</u></p> <ul style="list-style-type: none"> • Martial Arts (K-5th) • Musical Theatre: <i>Wizard of Oz & Wicked</i> (2nd-5th) • Lego Robotics with Ideas Studio (2nd-5th)
<p style="text-align: center;"><u>Fridays</u></p> <ul style="list-style-type: none"> • Logic Puzzles, Brain Benders & Mind Games (K-2nd) • Martial Arts (K-5th) • Jemz: DIY Sewing & Fiber Crafts (K-5th) <i>TIL 4:30 PM</i> • Drone Genius I and II (1st-2nd & 3rd-5th) <i>TIL 4:30 PM</i> 	<p style="text-align: center;"><u>Fridays</u></p> <ul style="list-style-type: none"> • Léman Club House (until 5:30 pm)

ALSO OFFERED: Léman Conservatory Private Music Lessons (More information below)

Sports, Recreation, & Physical Movement Classes:

Imagine Swimming (K-2nd Monday or Wednesday Session A) \$724 (Mondays); \$820 (Wednesdays)

REGISTER/INFO: 212.253-9650; info@imagineswimming.com

Whether dealing with a child's first experiences in the pool or teaching advanced stroke technique, Imagine creates aquatic classrooms where fear turns to joy, and a lifetime love of swimming is born. Lessons are 40 minutes with a max of 4 students. NOTE: A parent or caregiver must be present at the pool by 4:05 pm to pick up.

Léman Swimming PreTeam (3rd-4th Tuesday or Thursday Session A) \$795

The Pre-Team is intended for skilled swimmers who are proficient at freestyle and backstroke, can swim 4 laps of freestyle, and are excited to practice and be part of a team. Lap swimming, advanced stroke technique, and racing skills will all be a part of the pre-team practices that will be led by Léman's Aquatic Staff. NOTE: A parent or caregiver must be present at the pool by 4:05 pm to pick up.

Ice Skating with Corbin's Crusaders (K-5th Tuesday Double Session) \$1360 (includes transportation)

(OFF-SITE PROGRAM includes transportation) REGISTER/ INFO: <https://corbinscrusaders.com/registration-leman-school-program/>

Children will be brought to Chelsea Piers Sky Rink for a multi-tiered skating program and then returned to their home by Corbin's bus. Staff will help children get their skates on. Once on the ice, children are grouped together based on ability and comfort. Instructors emphasize safety, proper technique, balance, turning, stopping and much more. Our goal each session is for children to improve their skating skills and build their confidence on the ice. (Léman Plus will coordinate the collection of students by Corbin's Crusaders staff at school dismissal, and Corbin's Crusaders will bus students home around 5:30 pm following the program).

Born Kickers Soccer (K-1st Tuesday Session A or B) \$695

Born Kickers FC is offering the Little Kickers Soccer program at Léman after many years of coaching at Camp Léman and L+. The program will focus on the basic skills with the ball and physical agility. Players will develop with the right balance between engagement and fun.

Martial Arts (K-5th Tuesday or Friday Session A; Thursday Session B) \$695

In this class (the most popular L+ class!) children develop respect and discipline while working up a sweat in a fun environment. Through a combination of martial arts techniques, mental exercises, and fitness-inspired games, students will have the opportunity to grow while building self-confidence, self-awareness, and focus in a class designed for students at all levels. No uniform required.

Martial Arts – Level II (2nd-5th Tuesday Session B) \$695

While all students are welcome in the above Martial Arts classes, Level II will be limited to students in 2nd grade and older who have completed at least 2 semester of Martial Arts. 1st graders who have completed two semesters can be considered (email Steve Levin). No uniform required.

CrossFit Wall Street (2nd-5th Monday Session A or Thursday Session A) \$695

Back by popular demand! Piloted at Camp Léman in 2018 and introduced to L+ last school year, this engaging, fast-paced workout class will get older students moving at a gym a block from Léman. Students will be walked to and from by a CrossFit staff member.

Ballet with DiDa (K-4th Monday Session A) \$695

Ballet class combines grace, line and beauty to provide the technical foundation for all dance forms. Children learn musicality and dynamics through progressions at the barre and center. Correct placement, flexibility, and vocabulary are stressed at this age and level. Dancers will participate in a presentation of their progress at the end of the semester.

Ballet with DiDa – Level II (1st-5th Monday Session B) \$695

This section is being offered to students who have completed 3 prior semesters of Ballet, and are ready to refine their skills with more advanced instruction. Ballet class combines grace, line and beauty to provide the technical foundation for all dance forms. Children learn, musicality and dynamics through progressions at the barre and center. Correct placement, flexibility, and vocabulary are stressed at this age/level. Dancers will participate in a presentation of their progress for families at the end of the semester.

Hip Hop with DiDa (1st-5th Wednesday Session A) \$695

Hip Hop class mixes funk and street dance styles to create fun and freestyle movement. Kids find their groove by learning techniques from pop-lock, to jazz funk, to breaking in this comprehensive course focusing on dynamics, sequenced choreography, and musicality. Dancers will participate in a presentation of their progress for families at the end of the semester.

Urban Golf Academy (K-2nd Thursday Session A) \$695

Using a dynamic variety of methods, LPGA's Kate Tempesta and her Urban Golf Academy work with SNAG (Starting New at Golf) training tools which were developed by PGA professionals to create a learning environment that is interactive, exciting and lively, even off the golf course. The mission is to make learning fun and to have that joy carry over into every facet of a child's life. Various golf skills will be taught with this fantastic method which has proven to be a perfect entry into the sport.

Science, Technology, Engineering, and More:

Seriously Silly Science (K-2nd Monday Session A; K-3rd Monday Session B) \$695

Are you always curious about how things work? Do you like to build your own toys or enjoy messy science experiments? If so, this class is for you! We will build all sorts of mini-machines from rockets, catapults and electronics to microscopes and musical instruments. We will roll up our sleeves and learn firsthand how chemistry can help us transform substances into bouncy, gooey and slimy fun, and we will even produce some tiny explosions! We will get very messy and extremely creative as we explore the wonders of science through hands-on fun. So get ready, because we are going to get seriously silly and seriously scientific!

TreeBath: Outdoor Nature Exploration (K-3rd Monday Double Session until 5:00 pm) \$1050

Piloted at L+ last year, and expanded at Camp Léman this summer, Treebath is an engaging after-school program based entirely outdoors. With classes in Battery Park TreeBath offers a one-of-a-kind experience. The Scandinavian-inspired sustainability curriculum encourages children to develop a life-long respect for the world they live in. During each class children enjoy play and activities that support the development of mindfulness, sensory perception, and fine and gross motor skills. The class will take place outdoors, rain or shine, except during extreme weather conditions when they will stay at Léman. Students will be picked up and dropped off back at Léman by TreeBath staff.

Code Camp - Design, Code & Create Apps! (2nd-5th Tuesday Session A or B) \$695

After rave reviews during their debut at Léman Plus last year, Code Camp is back! After teaching and inspiring more than 40,000 Australian students, Code Camp launch in NYC last September at L+! **Students** will learn the art of coding, problem solving, digital storytelling, game design and more **as they** code and create their very own computer game/app, which can then be shared and downloaded onto your devices. The **creativity** can continue at home for no additional cost, with Code Camp's very own proprietary software, Code Camp World. Code Camp, *sponsored by HP*, is passionate about taking students on an exciting and interactive journey, moving from consumers to creators of technology.

Architecture and Design (K-2nd Wednesday Session A; 2nd-5th Wednesday Session B) \$695

New at L+ for 2019! This class is for those who want to build on a grand scale. Mega tall pyramids and skyscrapers up to the ceiling (ceilingscrapers), a bridge as long as the classroom or a watchtower for a favorite superhero are among the structures students are going to erect. Young architects will work individually to build furniture, create 3D scale models of their dream house and design a street facade. Students will even produce a masterplan of a city where their friends and family could live. Students will learn exciting terms and concepts such as classical Vitruvian principles, light & shadow, aesthetics, positive & negative space, texture, composition, visual & spatial thinking, balance, scale and much more.

Lego Robotics with Ideas Studio (K-2nd Thursday Session A; 2nd-5th Thursday Session B) \$695

New at L+ for 2019! The Ideas Studio from Los Angeles is bringing its legendary Lego robotics program to L+ after making a splash at Camp Léman this summer. Robotics has been shown to be a fun, powerful way to develop logic, math and quantitative skills in children. It is also a fun foundation for learning computers, programming, industrial design and engineering. This program involves building and programming robots. In each lesson, our Lego Mindstorm EV3 sets combined with a secret agent themed lesson plan take students on an exciting journey into the world of robotics.

Logic Puzzles, Brain Benders, and Mind Games (K-2nd Friday Session A) \$695

New at L+ for 2019! Students will look forward to class each Friday afternoon when they will encounter different logic puzzles designed to build their critical thinking and problem-solving skills. Working individually, with partners, and in small groups, children will have to stretch their minds and expand their thinking to solve the challenges presented in this class.

Drone Genius Level I (1st-2nd) and Level II (3rd-5th) (Friday Session A until 4:30 pm) \$795

New drones, new technology! Learn to Code & Fly! **TECH:** You will learn the exciting world of operating drones by using basic coding to design flight plans, map coordinates and complete flight missions using flight software. **FUN:** You will have loads of fun in our DRONE RACING SPEEDWAY, DRONE OBSTACLE COURSES, and DRONE SCAVENGER HUNTS. **FLIGHT:** You will be paired with a 'flight pack' (drone + tablet) on Day 1! You will learn everything you need to know in order to be safe, legal and friendly in the missions and games that lie ahead for the rest of the session. Throughout the term, you will also learn the mechanics of flight so you will understand why drones work. Come learn engineering, teamwork, problem solving, programming, math and physics in a completely exciting way!



Music & Theatre Classes:

Violin Club: Beginner (1st-3rd Thursday Session A) \$695

Students who love playing the violin and would like to continue their studies outside of their daytime violin class are invited to be part of this after-school group! This section is recommended for students who are new to violin or who feel they need a refresher of what they learned last year. Under the direction of Lower School Music Teacher Emma Sheffer, students will build musicianship, develop violin performance skills, and learn repertoire in a variety of genres from folk music to popular music.

Violin Club: Intermediate (2nd-3rd Monday Session A) \$695

This class will be similar to the Beginner class above, in that it is for students who enjoy violin and would like additional time learning the instrument afterschool. This section is for students who feel comfortable with their instrument and are ready to be challenged to further develop their skills. First time violinist must enroll for the Thursday Beginner class.

Violin: Strings Ensemble (4th-5th Monday Session B) \$695

Students who love playing the violin and would like to build on the foundation from prior years' music class can continue their studies by joining this fun ensemble! Students will learn and perform exciting arrangements of music in different styles and continue to develop musicianship and violin performance skills. The ensemble will be directed by Lower School Music Teacher, Emma Sheffer.

Léman Singers (3rd-5th Wednesday Session A) \$295

Students who love to sing are invited to be a part of this exciting choral group (which is distinct from the 4th and 5th grade daytime chorus classes). Directed by Upper School Music Teacher, Stanley Figaro, singers will work together to learn, play, and grow through a fun and engaging choral experience. By exploring a range of styles, genres, and activities, *Léman Singers* is sure to be a joy for participants and audiences alike. The group will have a number of performance opportunities, hopefully to include the annual tree lighting at the NYSE!

Musical Theatre: *Welcome To Munchkinland: Wizard of Oz* Theme (K-2nd Thursday Session A) \$695

The experts at the DramaZone guide children in the imaginative world of Oz and meeting Dorothy, Toto, the Munchkins, the Mayor and more friends to explore Oz! Based on the movie musical the Wizard of Oz, this is a production class that results in a simple show for friends and family at the end of the term. Classes include acting, singing and dancing. Acting teaches speech and concentration, dance teaches coordination and flexibility while music teaches math through counting. No experience necessary, all talents encouraged!

Musical Theatre: *Wizard of Oz/Wicked* (2nd-5th Thursday Session B) \$695

We are "Off To See the Wizard" in this imaginative musical theater class! Come join Dorothy, Toto, Elphaba and Galinda as we learn songs, dances and scenes from the popular hit show "Wizard of Oz" combined with "Wicked". This is a production class that results in a show for friends and family at the end of the term. Acting teaches speech and concentration, dance teaches coordination and flexibility while music teaches math through counting. No experience necessary, all talents encouraged!

Léman Conservatory Private Music Lessons (K-5th Monday-Friday Sessions A & B) Price tbd

After-school private music lessons are offered through the Léman Conservatory Program.

For more information, please visit www.bit.ly/lemanconservatory1920

or contact the Léman Conservatory Coordinator, Ryan John, at r.john@lemanmanhattan.org.



Visual Arts

Clay Modeling with Clay World (1st-4th Tuesdays Session A; K-5th Tuesday Session B) \$695

An always popular L+ classic! Using special modeling clay, instructors from Miami Beach's Clay World will help students create figurines of animals, people, monsters, favorite foods come-to-life, popular TV & movie characters, and more! All creations built during class can be taken home. You must go to clayworld.org to see examples of the creative projects to come!

Woodworking (1st-5th Wednesday Session A) \$695 Students will draw, design, saw, build, and paint all kinds of fun and exciting projects! We will use the tools of the shop to construct projects that have doors that open, lids that close, and wheels that go! All students will learn to safely handle and use the tools of the trade including saws, hammers, files, glue, screwdrivers, and more!

Jemz: DIY Sewing & Fiber Crafts (K-3rd Wednesday Session A or B; K-5th) \$695; (Friday until 4:30 pm) \$795

Jemz joined L+ in 2014-15, and became an instant classic for our students. This offering returns each year taking students on a journey to the world of fabrics, textiles, and crafts while experimenting with the many ways we can use fibers to bring our ideas to life. Students will be making everything from stuffed creatures and dream catchers to fabric sculptures and pillows. The workshop comes alive each week, as students are encouraged to express themselves creatively and uniquely.



Others Endeavors & Interests:

Chess Club (1st-4th Monday Session A; 1st-5th Wednesday Session B) \$695

Children will receive instruction and supervised game play. Instruction will include piece movement, pawn promotion, castling, basic opening strategies, basic checkmate patterns, master games analysis, and basic tactics (pins, forks, discoveries). Mr. Lenny will stress good sportsmanship as well as respect for the game and other players.

Welcome To Chess (K-1st Wednesday Session A) \$695

Geared to students who are brand new to chess, this class will be an excellent introduction for young students. Children will receive basic instruction and eventually work their way towards supervised game play. We will also stress good sportsmanship as well as respect for the game and other players.

Léman Junior Chefs (K-2nd Tuesday Session A) \$695

Students will learn basic cooking methods & techniques while learning to expand their palates. We will explore international foods through both sweet and savory seasonal recipes. Students will bring home their culinary creations each week to share with their family (if they don't eat it first!).

Culinary Skills (3rd-5th Thursday Session A) \$695

Develop your kitchen skills and awaken your taste buds in this L+ class which seeks to further inspire young chefs who will learn hands-on techniques such as knife skills, poultry, meats, and fish. Students will come away with good kitchen sense and great food to share.

(Continued on next page)

(Others Endeavors & Interests continued)

Magic & Showmanship (1st-4th Tuesday Session A) \$695

Join the phenomenal magician and educator Harrison Kramer, who entertains and leads workshops at Camp Léman and L+. No red noses or silly rabbits here... AfterSchool Magic students will learn mysterious and incredible skills ranging from top-secret sleight of hand and misdirection methods to ancient Chinese YoYo and juggling techniques. Each class will introduce new and exciting, yet challenging activities that you can master and add to your repertoire. Build your confidence, be creative, and amaze everyone with your new talents. And don't forget the fun you had learning it all!

Little Leaders Club (K-3rd Monday Session A) \$695

Come join this confidence-building, leadership-training and team-supported club for kids! A fun, interactive class with engaging projects and activities celebrates each student's unique talents, skills and traits with social play, role-playing games, projects, painting and student-created videos. Students explore and articulate their individual talents and gifts, build a portfolio, collaborate to develop missions to make a difference and be leaders in their community. Continuing club members and 2nd / 3rd graders have additional fun activities and projects they help choose, and will be empowered to act as senior leaders and mentors to younger students! End of semester will feature student-created videos inspiring other students to be leaders!

Budding Entrepreneurs (3rd-5th Monday Session B) \$695

If you like Shark Tank and have entrepreneurial aspirations, this class is perfect for you! Again this year, Léman students will pitch their business ideas at a showcase challenge in December, featuring teams from other schools, like Avenues and Dalton! Students will meet weekly to develop a mini business plan and practice their pitch. You will learn what it takes to launch your own business and build self-confidence while gaining valuable exposure to the worlds of finance, strategy and marketing. Students even create a real website (no coding required) and design their own business cards!

Homework Club (2nd-4th Monday, Wednesday, or Thursday until 4:00 pm) No Fee

NOTE: Students can sign up for Homework Club for a maximum of two days per week.

Léman staff will ensure a quiet and conducive environment in which students can complete their homework. Students are expected to work independently and do quiet reading if they finish their homework. Children must be picked up at 4 pm unless they are enrolled for a Session B Léman Plus class.

Girl Scouts at Léman (Occasional Wednesday Session B, schedule depending on section) Girl Scout Dues tbd

Returning for another year at Léman, our troop features Daisies (K-1st), Brownies (2nd-3rd), and Juniors (4th-5th). Scouts will develop leadership skills, have workshops on financial literacy, enjoy various projects and trips, and have a great time! And they will sell A LOT of cookies. Some parent participation required. Meetings will be approximately twice each month at 4:15 pm. Daisies will end at 5:15; Brownies & Juniors end at 5:30.

(NOTE: If you want to join a different Session B class on non-Scout days, we will pro-rate the cost of the other L+ class).

Contact: Erica (Daisies) ericabethkoffler@gmail.com; Amanda (Brownies) lemanbrownies@gmail.com; Laurie (Juniors) laurienutrition@aol.com

Léman Clubhouse (K-5th Friday Session B until 5:30 pm) \$300

Students will enjoy games, lego, and other activities in a supervised room to end their week at school.

