Upper School
LUNCH MENU

MONDAY
Chicken Thighs Provençal
Eggplant & Peppers Provençal
Garlic Herb Orzo
Vegetable Medley

TUESDAY
Celebrating Latinx/Hispanic Heritage!!
Pork Carnitas
Refried Beans
Chili Lime Squash
Mexican Rice
Sweet Corn

WEDNESDAY
Turkey & Cheese Panini
Caprese Panini
Roasted Potato Wedges
Soup & Salad

THURSDAY
Thai Ground Beef Lettuce Cups
Tofu & Veggie Lettuce Cups
Jasmine Rice
Edamame

MEATLESS FRIDAY
Baked Ziti
Garlic Bread
Caesar Salad
Fresh Fruit Salad

AVAILABLE DAILY
Filtered Water
Assorted Yogurts & Whole Fruit
Sandwich Station
Self Serve Salad Bar
Gluten Free, Dairy Free & Vegan Options

September 19th - 23rd