



Upper School Lunch Menu

March 12th-16th

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<p><i>Entree:</i> Molasses Roasted Chicken Breast</p> <p><i>Vegetarian Entree:</i> Lentil Salad</p> <p><i>Side #1:</i> Quinoa</p> <p><i>Side #2:</i> Sugar Snap Peas</p>	<p><i>Entree:</i> Pizza Day! Pineapple and Ham, Cheese and Tomato or Roasted Veggie</p> <p><i>Side #1:</i> Strawberries and Grapes</p> <p><i>Side #2:</i> Broccoli</p>	<p><i>Entree:</i> Adobo Spiced Mahi Mahi</p> <p><i>Vegetarian Entree:</i> Avocado Toast</p> <p><i>Side #1:</i> Roasted Sweet Potatoes</p> <p><i>Side #2:</i> Rainbow Slaw</p>	<p><i>Entree:</i> Corned Beef and Cabbage</p> <p><i>Vegetarian Entree:</i> Mini Spinach Pies</p> <p><i>Side #1:</i> Potato Wedges</p> <p><i>Side #2:</i> Peas and Carrots</p> <p>Irish Soda Bread</p>	<p><i>Entree:</i> Whole Wheat Spaghetti with Marinara Sauce or Basil Pesto</p> <p><i>Side #1:</i> Rosemary Focaccia</p> <p><i>Side #2:</i> Arugula Salad with Dried Cranberries and Lemon-Parmesan Dressing</p>

Available Daily

Full Salad & Sandwich Bar
 Fresh Whole Fruit
 Organic Yogurt & Applesauce

Fruit Juice & Filtered Water
 Organic Lowfat & Nonfat Milk
 Soy, Rice, & Lactose-free Milk

Menu subject to changes due to availability.